

DURHAM RADIOLOGY ASSOCIATES

The Radiologists of Lakeridge Health Corporation

www.durhamradiology.ca

booking@drad.ca

LOCATIONS

AJAX CLINIC

BAYWOOD X-RAY AND ULTRASOUND (UXMV) (OBSP)

95 Bayly Street West, Suite 101

Ajax, Ontario L1S 7K8

PH: 905.428.0444

FAX: 905.428.8870



Wheelchair Accessible

BOWMANVILLE CLINIC

BOWMANVILLE X-RAY AND ULTRASOUND (UXBV)

222 King Street East, Suite 1101

Bowmanville, Ontario L1C 1P6

PH: 905.623.4512

FAX: 905.623.8414

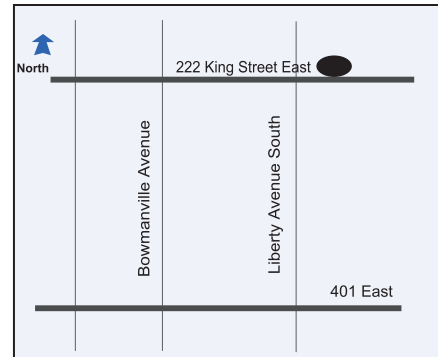


Wheelchair Accessible

(U) Ultrasound (X) X-ray (M) Mammogram (OBSP) Ontario Breast Screening Program (B) Bone Mineral Density (V) Vascular Ultrasound



AJAX



BOWMANVILLE

ULTRASOUND EXAM PREPARATION AND INSTRUCTIONS

ABDOMEN

- **Morning Appointments:** Nothing to eat or drink after midnight.
- **Afternoon Appointments:** Light fat free meal (black coffee or tea, juice, dry toast but NO CREAM OR MILK). Nothing to eat or drink after 9:00 am.

PELVIS MALE AND FEMALE

- Drink 5 large glasses (40oz./1.2 litres) of water 1.5 hours before exam. NO MILK.
- Finish drinking 1 hour before exam. **DO NOT EMPTY YOUR BLADDER.**

ABDOMEN AND PELVIS COMBINED

- **Morning Appointments:** Nothing to eat or drink except water after midnight.
- **Afternoon Appointments:** Light fat free meal (black coffee or tea, juice, dry toast but NO CREAM OR MILK). Nothing to eat or drink after 9:00 am.
- Drink 5 large glasses (40oz./1.2 litres) of water 1.5 hours before exam. NO MILK.
- Finish drinking 1 hour before exam. **DO NOT EMPTY YOUR BLADDER.**

OBSTETRIC

- Drink 5 large glasses (40oz./1.2 litres) of water 1.5 hours before exam. NO MILK.
- Finish drinking 1 hour before exam. **DO NOT EMPTY YOUR BLADDER.**

MAMMOGRAM

- Do not use powders, cream, or deodorant in chest area and underarm.
- **Please bring previous mammograms if you had exams at other facility.**
- Comparison to previous study significantly improves interpretation and reduces need for extra views.
- Do not be alarmed if additional views or ultrasound is necessary at the time of your visit or by call back.

BONE MINERAL DENSITY

- Wear loose clothing. No buttons, zippers, or underwire.
- **On the day of the examination do not take Calcium.**
- **Please bring all medications or list of medications you are taking.**

**FOR ALL EXAMS TAKE REGULAR MEDICATIONS WITH SIP OF WATER.
PLEASE BRING YOUR VALID HEALTHCARD AND THIS REQUISITION.**

- Please arrive 10 minutes prior to your appointment for registration. Late arrivals may require rebooking. Missed appointments will be subject to a \$50 fee. 24-hour cancellation notice is required.
- Patients arriving late or not properly prepared may have to re-book.

Visit us online at www.durhamradiology.ca

